

FREE SEMINARS

HEALTHY AGING

Dr. Sonia Sehgal
UCI geriatrician

Wednesday, Nov. 9 • 11 a.m.

Tustin Senior Center
200 S. C St., Tustin

ALZHEIMER'S DISEASE

Mina Oak, Ph.D.
UCI psychologist

Friday, Nov. 18 • 10 a.m.

Bowers Museum
2002 N. Main St., Santa Ana

HEALTHY AGING

Dr. Sonia Sehgal
UCI geriatrician

Wednesday, Dec. 14 • 1 p.m.

Jewish Community Center
1 Federation Way, Irvine

STROKE PREVENTION

Dr. Steven C. Cramer
UCI Stroke Center co-director

Wednesday, Nov. 9 • 1 p.m.

Jewish Community Center
1 Federation Way, Irvine

DIABETES

Dr. Andrew Reikes
UCI endocrinologist

Monday, Nov. 21 • 10 a.m.

University Club
Los Trancos & East Peltason drives,
UC Irvine campus

STROKE PREVENTION AND CAROTID STENTS

Dr. Steven Cramer
UCI Stroke Center co-director

Tuesday, Jan. 31, 2006 • 1 p.m.

Florence Sylvester Senior Center
23721 Moulton Parkway, Laguna Hills

CATARACTS: THE AGING EYE

Dr. Roger Steinert
UCI ophthalmologist

Friday, Nov. 11 • 1 p.m.

Orange Senior Center
170 S. Olive St., Orange

SLEEP DISORDERS IN SENIORS

Dr. Marcel Hungs
UCI neurologist

Friday, Dec. 2 • 10 a.m.

Bowers Museum
2002 N. Main St., Santa Ana

ORTHOPEDIC SURGERY

Dr. Nitin Bhatia
UCI spine surgeon

Tuesday, Feb. 28, 2006 • 1 p.m.

Florence Sylvester Senior Center
23721 Moulton Parkway, Laguna Hills

URINARY INCONTINENCE

Dr. Maya Antony
UCI geriatrician

Wednesday, Nov. 16 • 1 p.m.

OASIS Senior Center
800 Marguerite Ave., Corona del Mar

BALANCE PROBLEMS IN SENIORS

Tudy Trgovac
UCI occupational therapist

Wednesday, Dec. 7 • 11 a.m.

Tustin Senior Center
200 S. C St., Tustin

For more information, visit
www.ucihealth.com/seminars
or call toll free 1-877-UCI-DOCS
(1-877-824-3627).

New University Hospital Construction Update

Construction of UCI Medical Center's new state-of-the-art university hospital is underway, with a steady stream of construction vehicles now excavating tons of soil where steel will soon rise.

Because of possible traffic slowdowns and parking changes, please allow a few more minutes when driving to a doctor's appointment or to visit someone in the hospital.

In addition, some parking lots at the medical center have changed. Parking spaces in front of the hospital entrance on UCI Medical Center Drive now are reserved 24 hours a day for Emergency Department patients only.

All other patients and visitors should park in the structure located off Dawn Way. Or leave the parking

to the professionals and use the valet parking service, available at a discounted rate and located next to the Chao Family Comprehensive Cancer Center on UCI Medical Center Drive.

An information kiosk on UCI Medical Center Drive is staffed from 7 a.m. to 11 p.m. every day to direct drivers and answer questions.

UCI's new university hospital, under construction on the north side of the existing medical center, is expected to open in 2009, equipped with the latest medical technology to provide the best in patient care, research and education.

UCI thanks patients and visitors for their understanding during this time of transformation. To learn more, visit www.ucihealth.com/newhospital.