

# FREE SEMINARS

## FALL PREVENTION

**Tudy Trgovac, OTR/L**

UC Irvine occupational therapist

**Wednesday, Nov. 15 • 1 p.m.**

Oasis Senior Center  
800 Marguerite Ave.  
Corona del Mar

## SPINE AND BACK PAIN

**Dr. Nitin Bhatia**

Co-director, UCI Multidisciplinary  
Spine Program

**Wednesday, Dec. 6 • 10:30 a.m.**

Jewish Community Center of Orange County  
1 Federation Way, Irvine

## COGNITIVE IMPAIRMENT

**Dr. Steven Potkin**

Robert R. Sprague Director of  
the UCI Brain Imaging Center

**Tuesday, Feb. 5, 2007 • 1 p.m.**

Florence Sylvester Senior Center  
23721 Moulton Parkway, Laguna Hills

## TREMORS AND BALANCE DISORDERS

**Dr. Neal Hermanowicz**

Director, UCI Movement Disorders Program

**Tuesday, March 27, 2007 • 1 p.m.**

Florence Sylvester Senior Center  
23721 Moulton Parkway  
Laguna Hills

## STROKE PREVENTION

**Dr. Steven C. Cramer**

UC Irvine neurologist

**Wednesday, April 25, 2007 • 7:15 p.m.**

Regent's Pointe  
19191 Harvard, Irvine

**For more information, visit  
[www.ucihealth.com/seminars](http://www.ucihealth.com/seminars)  
or call toll free 1-877-UCI-DOCS  
(1-877-824-3627).**

## BALANCE AND MOBILITY FOR SENIORS

This 16-session program focuses on building flexibility, strength and endurance to improve balance and mobility and reduce the risk of falls. Participants must be medically stable seniors who live independently and can walk at least 200 feet safely without the use of any assistive devices. A written medical clearance is required. Prior to class, participants must schedule a 30-minute evaluation. Class meets on Tuesdays and Fridays.

Evaluations: Jan. 9 and 12, 2007

Classes: Jan. 16 through March 9, 2007

**Cost: \$80** (\$40 for Senior Club members)

Registration is required. Call  
1-877-UCI-DOCS (1-877-824-3627).

## Keeping on Top of New Hospital Construction

Construction of University of California, Irvine Medical Center's new university hospital has been "topped out." The last beam of structural steel for the seven-story building was lifted into place at a gala in late summer 2006, marking a milestone in the construction of the state-of-the-art hospital.

Topping out is a centuries-old tradition that commemorates the placement of the last beam of a major structure – like the new university hospital – and is symbolic of reaching the maximum height of the new building.

The \$371 million hospital will offer the latest in medical technology, paired with pioneering care provided in quiet, patient-friendly rooms. The new hospital also will foster research and physician education. It will have 191 beds and 13 surgical suites. This is in addition to the existing 102 beds in the medical center's tower and the 84-bed Neuropsychiatric Center.

**For more information about UC Irvine Medical Center's new university hospital, please visit [www.ucihealth.com/newhospital](http://www.ucihealth.com/newhospital). UC Irvine Medical Center thanks patients and visitors for their understanding during this time of transformation.**



With the new university hospital towering behind them, Orange County Supervisor Bill Campbell, chairman of the Board of Supervisors, left, presents a congratulatory certificate to University of California, Irvine Chancellor Michael V. Drake, M.D., at the topping-out gala.