

# Who can donate blood?

We require all of our volunteer blood donors to be at least 17 years of age, weigh at least 110 pounds and to be in good health. However, some people may be temporarily or permanently deferred from donating blood. Some reasons for permanent or temporary deferrals are listed below.

<b>Indefinite/Permanent Deferrals</b>	<b>Temporary Deferrals</b>
<ul style="list-style-type: none"> <li>▪ Persons who had hepatitis at or after age 11</li> </ul>	<ul style="list-style-type: none"> <li>▪ Persons who have had a heart attack within the last year</li> </ul>
<ul style="list-style-type: none"> <li>▪ Persons who have had melanoma cancer</li> </ul>	<ul style="list-style-type: none"> <li>▪ Rabies vaccination after exposure within 12 months</li> </ul>
<ul style="list-style-type: none"> <li>▪ Persons who have had leukemia or lymphoma</li> </ul>	<ul style="list-style-type: none"> <li>▪ Persons who have had malaria within the last 3 years</li> </ul>
<ul style="list-style-type: none"> <li>▪ Persons who received chemotherapy</li> </ul>	<ul style="list-style-type: none"> <li>▪ Persons who have traveled to Iraq within the past 12 months</li> </ul>
<ul style="list-style-type: none"> <li>▪ Persons who are at high risk for contracting HIV/AIDS:               <ul style="list-style-type: none"> <li>○ men who have had sex with another man, even once, since 1977</li> <li>○ persons who have injected street drugs, (including steroids) even once;</li> <li>○ persons who have received clotting factor concentrates;</li> <li>○ persons who have exchanged sex for drugs or money since 1977; and persons who have tested positive for HIV (the virus that causes AIDS), indicating past exposure to the AIDS virus.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Persons who have received certain vaccinations</li> <li>▪ Persons who have visited a malarial-endemic country within the last year</li> <li>▪ Persons who have received blood, plasma, or other blood components within the last year</li> <li>▪ Persons who have been tattooed in the last 12 months</li> <li>▪ Women who are pregnant, or women who have given birth or had a third trimester miscarriage or abortion within the last 6 weeks</li> <li>▪ Persons who have had coronary bypass surgery within the last year or persons who have not fully recovered from the surgery or are still taking cardiovascular medication, even after a year</li> </ul>
<ul style="list-style-type: none"> <li>▪ Persons who have AIDS or one of its symptoms</li> </ul>	<ul style="list-style-type: none"> <li>▪ Persons who have had epileptic seizures within the last year</li> </ul>
<ul style="list-style-type: none"> <li>▪ Persons who have visited or lived in the UK, which includes England, Northern Ireland, Scotland, Wales, the Isle of Mann, or Channel Islands from 1980-1996 for a total of 3 months or more.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Persons who have close contact or lived with someone who has hepatitis within past 12 months</li> <li>▪ Persons who have been treated for syphilis or gonorrhea within the last year</li> </ul>
<ul style="list-style-type: none"> <li>▪ Persons who lived in any other European countries for 5 years or more after 1980.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Persons who have taken antibiotics within the last 72 hours (unless for acne)</li> </ul>
	<ul style="list-style-type: none"> <li>▪ Persons who have had radiation or surgical removal of cancer within the last five years</li> </ul>
<h2><b>PHOTO ID REQUIRED</b></h2>	