

Make an

IMPACT

on Depression

- ✓ Are you sad or irritable?
- ✓ Is stress affecting your mood or feelings of well-being?
- ✓ Do you have less energy or interest in doing things that used to be fun?
- ✓ Any trouble sleeping or changes in your appetite?
- ✓ Do you have difficulty concentrating?
- ✓ Do you feel nervous or anxious?

UC Irvine Department of Family Medicine announces a new treatment program for depression in older adults using a model called **IMPACT**.

IMPACT provides treatment in a primary care medical setting using a stepped level of care that varies depending on your needs and interests. You and your physician, working with a Depression Care Manager, will design a plan that works best for you.

Participants will be enrolled in a research study to measure the effectiveness of the **IMPACT** program in addition to receiving treatment for depression.

Call 714.456.7007 and ask for **IMPACT** program.



Medicare and most insurance plans accepted
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PROGRAM IN GERIATRICS
UC IRVINE SCHOOL OF MEDICINE